

Community Chest Application Summary 2019/2020

Local Authority	SEBC
Organisation	Gatehouse
Amount Requested	£10,000 (2019-2020) £10,000 (2020-2021)
Total Project Cost	£96,900
Match Funding	Client payments (including ACS) - £65,239 Room rental - £200 Ongoing support from local business - £10,000 In kind – 9,360 volunteer hrs (6 volunteers @30hrs per week)
Partnerships	Alzheimer's Society Bury St Edmunds, Suffolk County Council, Sue Ryder, Clarke Care, Ageing with Optimism and Dementia Intensive Support Team

Overview

The Gatehouse centre provides a place of activity and companionship benefits to many who are elderly, living in isolation or who are facing the challenges of the onset of dementia. The Dementia Hub, provided by The Gatehouse, is the only one of its kind in St Edmundsbury. The Hub is designed to support people with dementia, their carers and the wider local community by providing practical physical and emotional support, information and advice. The hub provides volunteer and employment opportunities to those who would otherwise struggle to find work due to health and social challenges. Gatehouse has formed partnerships with the Alzheimer's Society Bury St Edmunds to address a need for dementia support services. Through fundraising sufficient funds have been raised to enable the extension/refurbishment of the Gatehouse.

Community Chest funding would be used to support the development of extended lunch clubs and new and innovative Music Therapy sessions, Exercise classes, chiropody services and additional carer support groups.

Outputs

- Music therapy sessions
- Art groups
- Exercise classes
- Reminiscence therapy sessions
- Increase in attendance at regular weekly respite activities for carers by 10%

Outcomes

- Support families and the wider community to help meet the individual needs of people with dementia
- People can 'live well with dementia' if given the appropriate care and advice.
- Equip people with dementia to retain or rediscover life skills and to enable carers to identify appropriate caring strategies

- Help carers to take back control of their lives and to feel connected to the community in which they live.

Finances

Income for last financial year - £232,731

Expenditure for last financial year - £221,178

Reserves

£35,000

Request breakdown

Staff and volunteers - £77,000

Overheads (utilities, office costs, insurance, rates, auditors, tax) - £9,800

Equipment - £8,400

Meal costs - £1,700

Previous Community Chest funding

SEBC community chest 2016-17 £5,000

SEBC community chest 2017-18 £5,000

Officer comments

Supported by 1 families and communities officer

Community Chest 2019/2020
Initial Clarification Questions

Local Authority	SEBC
Organisation	Gatehouse
Date contacted	05.10.18
Spoke with	Amanda Bloomfield

Queries:

- Clarify costings – There appears to be a shortfall of £1461 to delivery project based on total project costs and other funding.

Responses:

Clarify costings	Any short fall in the project costs will be meet by excess profit from the furniture store and ongoing donations.
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St Edmundsbury
BOROUGH COUNCIL

Forest Heath & St Edmundsbury councils

West Suffolk
working together

St Edmundsbury Borough Council Community Chest Grant Application Form Part A

Community Chest funding supports voluntary and community groups who make a contribution to improving the quality of life for people in West Suffolk. The information you provide will help us consider your application. If you have any questions, please give us a call on 01284 757077. Before completing this form, we ask you to please read the guidelines, which are available on:

<http://www.westsuffolk.gov.uk/community/community-grants.cfm>

Please return your completed, signed form and supplementary documents to:
families.communities@westsuffolk.gov.uk.

Please Note: This form is for applications to the St Edmundsbury Borough Council Community Chest grants scheme. If you wish to apply to Forest Heath District Council the Forest Heath form can be found on the Community Grants page above. If you wish to apply to both councils, you will need to complete a separate form for each, clearly stating how your activity will benefit the area.

Privacy Notice

West Suffolk councils is a Data Controller and can be contacted at: West Suffolk House, Western Way, Bury St Edmunds, Suffolk, IP33 3YU. Tel: 01284 763233. The Data Protection Officer is Leah Mickleborough and can be contacted at the same address.

We are collecting your personal information in relation to an application for a grant supplied by West Suffolk councils. The councils administer these grants as a legitimate interest in strengthening, empowering and building resilient communities.

Your data will not be shared with third parties unless to contact other parties (specifically specialist advisors/experts and community referees) who will help the processing of this application or used for Council publicity purposes (i.e. media outlets) in relation to a successful grant, or where we are required or permitted to share data under other legislation (for example the detection and prevention of fraud).

Your data will be kept for six (6) years in line with our retention policy.

You have the right to access your data and to rectify mistakes, erase, restrict, object or move your data in certain circumstances. Automated decision making and

processing is not used during this application. Please contact the Data Protection Officer for further information or go to our website where your rights are explained in more detail. If you would like to receive an explanation of your rights in paper format please contact the Data Protection Officer.

Any complaints regarding your data should be addresses to the Data Protection Officer in the first instance. If the matter is not resolved you can contact the Information Commissioner's Office at: Wycliff House, Water Lane, Wilmslow, Cheshire, SK9 5AF
Tel: 0303 123 1113.

For further information on our Data Protection Policies please go to our website: [How we use your information](#) or email: data.protection@westsuffolk.gov.uk

1. Contact Details

Organisation/lead partner name	Gatehouse
Organisation address	Dettingen Way, Bury St Edmunds, Suffolk ,
Postcode	IP33 3TU

Organisation main email	info@gatehouse.org.uk
Organisation main tel.	01284 754967
Organisation website	www.gatehouse.org.uk
Organisation Twitter	
Organisation Facebook	

Contact Person 1 (main contact)		Contact person 2	
Name	Amanda Bloomfield	Name	Lynwen Gedge
Position in organisation	CEO	Position in organisation	Accounts manager
Daytime tel.no	01284 754967	Daytime tel.no	01284 754967
Mobile	07973885934	Mobile	
email	info@gatehouse.org.uk	email	accounts@gatehouse.org.uk
Address if different to organisation's		Address if different to organisation's	
Postcode		Postcode	

2. About your organisation

2.1. Which local authority area(s) does your organisation currently work in?

Primarily St Edmundsbury, but also includes parts of Forest Heath, Babergh, mid suffolk

2.2. What type of organisation are you? (please check the relevant box)

Registered charity	<input checked="" type="checkbox"/>	Charity number:1154412
Applying for charitable status	<input type="checkbox"/>	
Company limited by guarantee	<input type="checkbox"/>	Company number:
Community Interest Company	<input type="checkbox"/>	
Part of a larger regional or national charity (Please state which one)	<input type="checkbox"/>	
Constituted Community Group	<input type="checkbox"/>	
Social Enterprise	<input type="checkbox"/>	What type?:
Other (Please specify)	<input type="checkbox"/>	

2.3. How many people are currently involved in your organisation?

Trustees	6	Management Board	
Management team	1	Service users	100+
Full Time paid staff / workers	2	Volunteers and helpers (non-management)	25 regular over 100 occasional
Part Time paid staff / workers	10		

When did your organisation start? 1986 Year

2.4. What is the purpose of your organisation?

Please briefly describe why your organisation was set up, its aims and objectives, what activities it carries out and who primarily benefits.

We've been around since 1986 helping those who are in need or disadvantaged. Our centre provide a place of activity and companionship benefits to many who are elderly, living in isolation or who are facing the challenges of the onset of dementia through the development of a Dementia Hub, the only one of its kind in St Edmundsbury. The Hub is designed to support people with dementia, their carers and the wider local supporting community, providing practical physical and emotional support, information and advice.

We also have a large furniture store which receives donated or recycled items that can be offered to people who are in genuine need. In addition y and we also sell to the general public to raise funds.

On behalf of partner organisations we administer the Foodbank for Bury St Edmunds, helping to meet the basic needs of individuals and families.

We try to ensure that Christmas is a time of celebration for everyone. Not only do we distribute over 300 hampers but we also extend an invitation to those who wish to have a meal, company and fun on Christmas Day.

We provide volunteer hours and employment opportunities to those who would otherwise struggle to find work due to health and social challenges.

Maximum 300 words

- 2.5. What was your organisation's total income for last financial year?
(your branch if part of a larger organisation) £232731
- 2.6. What was your organisation's total expenditure for last financial year?
(your branch if part of a larger organisation) £221178
- 2.7. Does your organisation have more than six months running costs?
(your branch if part of a larger organisation) /No
- 2.8. What are your organisation's current unrestricted reserves or savings?
(your branch if part of a larger organisation) £35000.00

3. About Your Project

- 3.1. What do you want the funding for? Please be specific. Please note that 'project' is meant to describe the project for which you are seeking funding, and not your organisation. Please include outputs (what you will deliver).

We are looking for funding towards the core costs of The Bury St Edmunds Dementia Hub. In recent years, Gatehouse has become aware that the needs of its clients were changing. "Traditional" day centre services have become less popular due to a combination of people's changing expectations, the ambition to tailor services to individual need as well as changing funding arrangements through the development of personalised budgets. However, what also became clear was the local deficiency of services for those living with dementia, both those experiencing the disease and those caring for them. There is limited and sadly diminishing levels of community support locally for those at the early stage of the illness as well as a lack of access to information and support for their loved ones.

Gatehouse has formed partnerships with the Alzheimer's Society Bury St Edmunds to address this need and has forged links with other organisations in the area such as Sue Ryder & Age UK Suffolk.

Through fundraising we have raised sufficient funds to enable the extension/refurbishment of our building that will enable us to meet the needs of more people with dementia and their carers including those with restricted mobility and more challenging behaviours.

If successful Community Chest funding will be used to support the development of extended lunch clubs and new and innovative Music Therapy sessions, Exercise classes, chiropody services and additional carer support groups.

There is internationally a body of research and experience identifying that physical, social and intellectual therapies help people retain or rediscover skills or simply gain pleasure from taking part. This is something that is simply not available locally. Such activities have been proven to slow down the worst impacts of this disease and keep families together longer.

Previously we simply did not have the space to support this work but we are now in a position to do so. We have identified a group of specialists/ volunteers willing to offer such therapies and to a limited degree these have now begun. However If successful Community Chest funding will enable us to support the development of a full range of new and innovative Music Therapy sessions, Art groups, specialist Exercise classes and reminiscence therapy activities as well as bringing in chiropody services and offering additional carer support activities.

Maximum 300 words

- 3.2. How does your project contribute towards the Council's Families and Communities Strategy and Families and Communities Approach? Please refer to guidance and reference both in your answer.

This Strategy sets out six main intentions and this Project will we believe contribute to each of them.

- At its heart the Hub is designed to support families and the wider community to help meet the individual needs of people with dementia: Dementia is a progressive disease for which there is no known cure. National and local studies have clearly illustrated the pernicious impact of dementia that too

often leads to people prematurely needing to leave their home and community because of the scarcity of high quality support services.

- Our purpose built Hub and our trained and experienced staff can ensure that people are appropriately and safely cared for whilst with us and can offer advice and support to individuals, their carers and the wider community where appropriate
- Services are and will be designed around the specific needs of individuals
- People can 'live well with dementia' if given the appropriate care and advice. Too often this has not been sufficiently available leading to family breakdown and people moving out of their home to a more sheltered environment. We can and will with colleagues more frequently help to prevent this happening.
- Gatehouse has established the Hub in partnership with other voluntary, statutory and private agencies: Its primary purpose is to equip people with dementia to retain or rediscover life skills and to enable carers to identify appropriate caring strategies
- Our vision to establish the Hub began in 2015, progress has been made but there is still much to be achieved. We view the Hub as a community development, not simply a place for people to go to be cared for.

Maximum 300 words

- 3.3. How many people will benefit from your project (on a weekly, monthly or annual basis) and how? Please include outcomes (how your project will benefit the people who are involved in it) and how you will collect evidence of this.

Additional funding will enable us build on the work we have undertaken to date. We will be in a position to establish more Carers will have weekly a group to build local networks of support ongoing: This helps carers , who too often lose friendships and the support of neighbours to take back control of their lives and to feel connected to the community in which they live.

As identified in 3.1 up to 60 people per week, living with Dementia will have an opportunity to partake in activity which will stimulate and maintain skills, which in turn will enable them to improve retain or improve their mental wellbeing and continue to live at home for longer.

We provide respite to Carers of those living with Dementia, which improves their wellbeing: Evidence shows that this reduces appointments with GP'S and other medical services and enables people to look forward to a healthier future for themselves and families whilst continuing to care for loved ones. Currently we provide weekly respite activities for carers and additional funding will enable this figure to rise by a further 10%

Becoming a member of Gatehouse enables people to access services in a safe friendly environment where they can feel a sense of belonging. Users are

encouraged to bring ideas for services and to run their own groups where possible to encourage that sense of ownership.

Apart from maintaining effective case records and statistical information Gatehouse routinely collects feedback from customers and carers in a form appropriate to their needs and understanding.

Maximum 300 words

3.4. Are you working with any other organisations/groups on this project? Yes / No

If yes, please state the names of these organisations/groups and the nature of the relationship.

Organisations supporting the formation of the Dementia Hub are:

Suffolk County Council Adult Care Services, Sue Ryder, Clarke Care, Ageing with Optimism and the Dementia Intensive Support Team: These partnerships enables us to facilitate support groups and run advice and guidance services, drop in café's and other care services.

By having a local independent charity running the Dementia Hub in Bury St Edmunds, it enables the service to be unique in its holistic approach. It reduces wasteful competition amongst organisations and means new and innovative ideas can be explored.

Working together we offer advice and guidance and ways of coping with Dementia. Each person with dementia is an individual and will respond to different settings and therapies. A single named contact it provides easier access to a wider range of services.

NHS England, Armstrong's Funeral Services, White Stuff Foundation, LD Rope- are supporting the financial side of the building work to make our current premises suitable for the needs of our service users.

We will be working with local business in the town to raise awareness and create a Dementia Friendly Community.

Maximum 150 words

3.5. What evidence do you have that there is a need for this project? Please include sources of evidence, including any public/user /community consultation and research you have carried out.

In January 2016 Gatehouse staged a conference on the future of dementia services in West Suffolk. This was attended by 25 organisations across the Adult Social Care and voluntary sector. The outcome was that a Dementia Hub would be created with the object of providing a single point of contact for services post diagnosis through to end of life care. In summary we identified that the locality needed

- Better Communication between service providers
- Less 'competition' between services and interaction with local businesses
- Education/Training for carers, professionals and the wider public
- GP based key workers
- Use of social media
- Early intervention/support to avoid crisis
- Rurality presents isolation and transport issues
- Support for People with dementia living alone
- Personalised age specific services,
- Targeted, time specific and easy access to information

We know from feedback from these organisations and more significantly, those living with dementia that the Hub has made a difference to people's lives.

Since we started the development an additional 25 people per week to date have benefitted from the creation of the Hub following the work on our building and the creation of a specialise dementia lead post. The Hub provides a social arena for people to date living with Dementia and their carers to form lasting friendships with those in a similar situation to themselves whilst support groups have brought together people facing similar issues. Previously this support would not have been available to them.. Members of support groups often share experiences and advice. It can be helpful just getting to talk with other people who are in the same situation.

Maximum 200 words

3.6. How has the project been developed out of the community's desire to improve the lives of local people? What role have users and/or the community had in developing this project?

The involvement of users and the local community is part of Gatehouse's founding principles: From the outset, the Dementia Hub has been designed not only with the active involvement of the stakeholders described above but by users and carers.

As a direct result of existing unmet needs the Hub was developed in partnership with the local community namely, other voluntary agencies, Primary, Acute and Secondary NHS services, Social Care, the private sector and neighbourhood groups. Since it's established fruitful and on-going relationships have also been established with local commercial organisations.

Tailored individual and personalised services can only be successfully established with those directly involved taking centre stage. The services described have in the

main come about through what people living with dementia and their carers tell us that is missing from their lives.

Maximum 200 words

4. Timescales and sustainability

- 4.1. When will your project start and end? (the period for which you are asking the Council for funding)

Start date

01/04/2019

End date

01/04/2020

- 4.2. If this is an ongoing project, how will it be funded and supported after the end of the grant period?

Gatehouse for over 30 years has had a track record of creating and running innovative personal services through generating sustainable income.

We will charge for the service which in time will enable the service to become largely self-sustainable, although as a charity we will continue to source additional funding to ensure sustainability.

Most people value a service more when they can make an affordable contribution but we always ensure that we provide good value for money. People are not excluded if they do not have the money.

Examples below are what you can expect to pay at Gatehouse:

Music Therapy - £2.50 pp (1 Hour) Armchair Exercises - £5 pp (1 Hour -refreshments)

Lunch Clubs - £ 25.00 Chiropodist Treatment - £25 .00

These services are generally not available elsewhere and in any event our costs are much lower than would be secured from a commercial organisation.

Maximum 150 words

5. Funding request and budget

5.1. Which years are you applying for funding for? Please delete as applicable

2019/2020	2020/2021
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5.2. What is the total cost of the project? (project costs only, not for your whole organisation and not just the funding you are requesting)

£96900

5.3. Please provide a full breakdown of the total cost of this project, including VAT if applicable. Please only include direct expenditure for this project.

<u>Item</u>	<u>Amount</u>
Staff and volunteers (including roles, hourly rates, NI/tax contributions and expenses where applicable) Dementia Hub Facilitator 32@ £10.00 Project Workers incl cook 62.5 hrs @ 8.52 Plus NI, PAYE and pensions	77000
Overheads (including items such as venue/office costs, utilities, back office services, insurance) Heat, Light and Power Office Costs – stationary ,postage Maintenance Insurance Auditors Water Rates St Edmunds BC- Council tax	9800
Equipment and resources Food and craft equipment for activities.	8400

Other	1700
Coach trips expenses.	
Total	££96900

5.4. Please provide a full breakdown of all other funding you have secured for this project.

<u>Item</u>	<u>Amount</u>
Funding already secured (please detail funders, amounts and funding periods individually)	
Client Payments (including ACS)	65239
Room Rental	200
Ongoing support from local business	10000
Total	£75439

5.5. What other funders have you applied to for this project but have not yet had a decision from?

Funder	Amount requested	Decision timescale
	£	
	£	
	£	

5.6. Please provide a full breakdown of all in-kind support* you have secured for this project.

<u>Item</u>	<u>Amount</u>
Volunteer contributions (including estimated hours given and roles)	
6 volunteers @30 hours per week @£7per hour	£65520

Equipment and resources (please itemise)	
Other	
Total	£65520

*In-kind support is assistance and items you would normally expect to pay for, but which you are getting for free, such as volunteer hours or a free venue. You might find it useful to give volunteer hours a value, such as the minimum wage, or higher if you have volunteers with particular expertise it would be expensive to pay for.

5.6. How much funding are you applying to us for?

2019/20 **2020/21**

5.7. What other grants and contracts has your organisation received over the past three years from either Forest Heath District Council or St Edmundsbury Borough Council?

Funding Source	Amount (£)	Reason for funding
Community Chest 2016/17 Community Chest 2016/17	5000 5000	Dementia Hub
Total:	10000	